

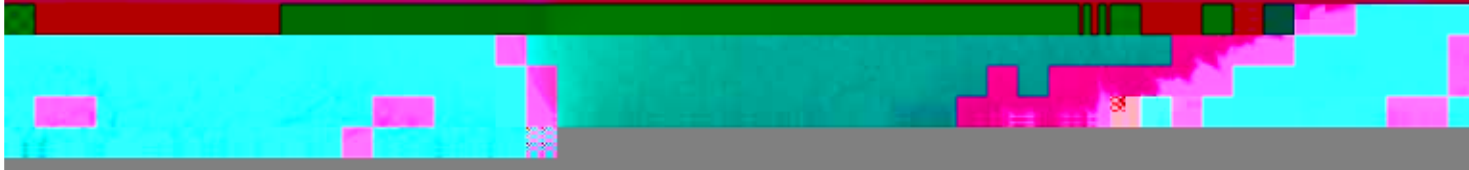


YOUR HEELS

YOUR TRICEPS

Watch for Cracks and calluses, caused by

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YOUR  
HANDS

Watch for Brown spots, dark patches and fine lines, the result of constant exposure to the sun. "I see these problems in my patients starting in their early thirties, and they're directly related to sun damage," Dr.

