

Makeup Removers

For all the time we spend perfecting our smoky eye, taking it off should be the easy part. "The rule for eye-makeup remover is that you should be able to take it off with one or two swipes—no rubbing," says makeup artist Brigitte Reiss-Andersen. We asked her to test the latest formulas. —LAUREN COHEN

The Body Shop Waterproof Eye Makeup Remover

THE CLAIM: "Gently and effectively removes waterproof eye makeup...soothes skin" with organic chamomile.

REISS-ANDERSEN SAYS: "The chamomile de-puffs the eye area, but I had to work to remove heavy eyeliner."

TheBalm BalmsAway Eye Makeup Break-Up

THE CLAIM: A "skin-soothing eye-makeup removing balm" that leaves behind "vitamins A, C, and E, and a blend of lipids to hydrate skin."

REISS-ANDERSEN SAYS: "It's a modern take on cold cream and removes makeup easily, but I didn't like the greasy film."

Decleor Eye Make-Up Remover Gel

THE CLAIM: "Gently removes all types of eye makeup, including waterproof mascara, with an exclusive blend of essential oils and floral waters."

REISS-ANDERSEN SAYS: "The light texture is great, but the makeup didn't budge without major scrubbing."

Boots Expert Sensitive Gentle Eye Make-up Removal Pads

THE CLAIM: "Hypoallergenic and fragrance-free; a blend of oils sweeps away even waterproof makeup."

REISS-ANDERSEN SAYS: "The pads are practical and take off makeup very well, but they are extremely oily."

Bene t Gee...That Was Quick! Oil-Free Makeup Remover

THE CLAIM: "The oil-free formula thoroughly removes even the most stubborn mascara in one swipe."

REISS-ANDERSEN SAYS: "I love the it's not at all oily."

Yves Saint Laurent Cleansing Silky Balm Radiance Revealer

THE CLAIM: The creamy cleanser "melts to become light...oils that absorb all types of makeup."

REISS-ANDERSEN SAYS: "Creams can be messy-but this wasn't. It's not specifically for the eyes, but it took off all the makeup."

Sure, you've been washing your face for as long as you can remember, but there is a certain art to coming clean the right way. Here, dermatologists share their wisdom.

DON'T OVERDO IT. Cleansing too often "will strip the skin of the oils it needs to maintain an intact barrier, which can leave skin dry, scaly, red, and irritated," says Jody Levine, clinical instructor of dermatology at Mount Sinai School of Medicine in New York City. Generally, Levine says, people with dry skin shouldn't wash more than once a day (at night is best), while those with normal or oily skin can handle washing twice. Though exfoliating cleansers with gritty particles should only be used a few times a week, oily skin can tolerate a glycolic or salicylic acid cleanser with

The Truth About Toners