Quick Fixes

Cover Girl Continious Color 3in-1 Nail Polish (\$3, drugstores) is base coat, nail lacquer and top coat in one.

> Protection Stick Foundation (\$23.50, sca.shiseido .com) protects you from the sun and gives coverage.

No! No! (\$250, Sephora) hair remover reduces growth by 64 percent.

Bene t Bronzing & Highlighting Face Powder Du (\$28, bene tcosmetics.com) gives you two face enhancers in one.

Kiss My Face 3way-Color (\$9, kissmyface .com) brightens up eyes, lips and cheeks.

Boots Mediterranean Olive, Almond

> Fekkai HI-Lights Hair Mascar (\$20, Sephora) allows you to instantly lighten dark roots.

ASK HOLLY

Our beauty director gives you the lowdown on looking good

Q How often should I reapply SPF?

A • Sunscreen, regardless of the SPF should be reapplied every two to four hours during continued outdoor activites,Ž says dermatologist and plastic surgeon Dr. Jody Alpert Levine If you•re in the o ce all day, one application in the morning should be su cient. A sunscreen with an SPF of 15 will allow a person to stay in the sun 15 times longer that they would otherwise without burning. So someone who would normally burn in 10 minutes, would not burn until after 150 minutes, explain Dr. Levine.

Q I recently moved, and the water is a ecting my hair. What can I do?

A First, get a copy of your state•s annual water quality report (epa.gov) to see if there are in fact healththreatening contaminants. Then determine if your water should be tested. A Iter for your showerhead might help. Johnathan Beauty Water Show Puri cation System (\$95, johnathanproduct.com), makes shower water pH-balanced Reported bene ts include better preservation of hair color, increased shine and softer hair and skin.

Q Do I need a special gel to tame my brows?

A dab of hair gel and a toothbrush will do the job. We like Rimmel Style and Shine Clear Mascara (\$3, Wal-Ma because it can be used on brows and lashes.

www.plasticsandderm.com

Logics Leave-in Conditioning Protector (\$18, logics hair.com) can replace in-shower conditioning.