

April 2022 CARE Team Newsletter

Common Concerns

These are common concerns that are typically seen during the month of April.

During this time of the semester, CARE Team sees:

Academic Concerns

Increase in anxiety as we approach graduation

Direct statements as more students are reaching out for support for academics and mental health

What CARE Team expects to see in May:

Studying increasing due to finals approaching

Job stress as students begin looking toward summer for work

Decrease in anxiety as the semester comes to an end and students plan to

It is probable that the scenarios above contributed to the increase in CARE cases for the month of April, but it is unlikely they are the only contributing factors.

Below is a graph comparing the number of CARE cases between AY 2021 and AY 2022, both for the month of April and the academic year so far.

If you are concerned about a member of our campus community, please don't hesitate to [submit a concern](#). If you'd like to learn more about Care Team, please check out our website at wichita.edu/care.